# Daily Word

UNITY PUBLICATION

TO BER

## Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the mutual security of all mankind.

PRAYER FOR ILLUMINATION: Through faith, I speak words of light and wisdom. Christ guides my way.

PRAYER FOR PROSPERITY: In faith, I launch out and let down my nets. Christ fills my life with plenty.

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PRAYER FOR HEALING: Through faith, I take command of my mind and body. I speak words of life and health and I am made whole.

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## DAILY WORD

Edited under the inspiration of Silent Unity OCTOBER, 1960

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#### One + One = One

#### MARTHA SMOCK

ATHEMATICS has been called the science of relationships, for through it the various departments of the separate sciences are related into a logical pattern of understanding. Mathematics has been defined as the science that draws necessary conclusions. We can obtain concrete and statistical knowledge of the world through the computations of mathematics, based on the necessary conclusion that one plus one always equals two.

Now the Truth as Jesus taught it is also the science of relationships. It relates all the elements of life into a logical pattern of understanding. It, too, draws necessary conclusions. And we can obtain real knowledge of the inner world, the spiritual realm, through basing our thinking on the necessary conclusion that one plus one equals one. The necessary conclusion on which we base our faith is that man and God equal One.

We have thought of ourselves as separate, as praying to God, when all the time it remains a matter of unity. What God is, we are. Back of all that appears is a spiritual sameness, a state of being one.

The number one is the number that denotes unity. Think about this. Unity, oneness. Unity means oneness. The whole work of Unity School has been founded on this most necessary conclusion that there is only *one*, not God and man adding up to two, but God, man, *one*.

What can this idea mean to us? It is revolutionary when we truly grasp it. It gives meaning to our affirmations. It makes them logical. For we see clearly that we are not praying to a separate being, rather in prayer we are affirming our oneness with God, with all that God is. This was the great spiritual Truth that Jesus revealed. "I and the Father are one." "I in them, and thou in me, that they may be perfected into one."

What we are one with, we are. Our need is to discover what God is, then we know what we are.

God is light. To know that we are one with God is to affirm that we are one with light, that we are light. "I am come a light into the world." "Ye are the light of the world."

God is love. It follows logically that we can affirm, "I am love, for I am one with God."

God is life. We do not pray for God to bring life to us, rather we know and affirm, "I am life."

God is substance. God is. We are. What is our need? Our need is to know God, for in knowing God we come to know the ultimate Truth, the

ultimate reality, that there is no separation. "I and the Father are one." This is the divine unity. This is the oneness that is health to our body, light to our mind, peace to our soul.

I am one with God. This is the necessary conclusion that begins and ends all our search for Truth. One plus one equals one. God and man equal not two, but One.

#### THERE IS A LIGHT THAT SHINES FOR YOU

You need never feel alone-not even on the darkest night. Silent Unity is no farther from you

than a prayer's length.

In a room of a building in Unity Village where a light is shining from a window someone is praying, someone with a spirit kindred to your own, someone whose thoughts reach out to you in faith, someone whose heart reaches out to you in love. The light in this window shines for you.

You can reach Silent Unity by telegraph, Unity, WUX, Kansas City, Missouri, by telephone, BAltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

Silent Unity is as the Christ light lit in the window of the world. If you are a traveler on the road of prayer, this light shines for you.

#### "Uttermost Parts of the Sea"

#### VIOLA LUKAWIECKI

And dwell in the uttermost parts of the sea;

Even there shall thy hand lead me, And thy right hand shall hold me."

I took the wings of the morning one day, and flew over the "uttermost parts of the sea." Do you know where the "uttermost parts of the sea" are? One would think they would be down in the immensity of the South Pacific, but I was told that the spot farthest from land of any kind is exactly half way between the California coast and the Hawaiian Islands. It was explained that elsewhere there are numerous tiny atolls or islands that break up the ocean expanse, while between Los Angeles or San Francisco and Honolulu there is absolutely nothing except water. On this uninterrupted stretch of the Pacific Ocean, then, is the point most distant from any land.

So, I winged my way over the "uttermost parts of the sea" and experienced for myself that God's hand did lead me, and His right hand held me even there—oh, especially there! Whose hand but God's could have led us over those great ocean

wastes? There are no landmarks there, and only God-given intelligence could have computed the path for an airplane, a speck in that vastness, to find its way unerringly to a tiny island far out in

that immense space.

God's right hand did hold us. How else could one explain a heavy machine, plus the weight of twenty or thirty adults, being held up in the air—and transported through that air at a great rate of speed? Whose hand but God's could hold us all safely up in the air, against the law of gravity? Who else, in all the universe, had the wisdom and the power and the love to guide us and uphold us? Who else, except an all-knowing, everywhere-equally-present power, could do such an apparently impossible thing?

Oh, I know there are people who understand navigation and aerodynamics, but it is still a miracle. Their very understanding, their ability to understand, the complex secrets of nature, is in itself a miracle. I marvel at the intelligence that is capable of understanding these things. However, I know that this intelligence is of God, and conforms to God's laws. Therefore, it is God's good things that are being expressed through men's minds, and it is God's laws that sustain us in their use. This, to me, is the meaning of the scriptural statement that God's hand shall

lead me, and His right hand shall hold me.

This scripture goes even farther, however, and means much more. It says "even there" shall God lead me and hold me. "Even there" means wherever in the world we may be (and even in outer space, when we get around to putting ourselves out there). It means that we always have God's guidance and support with us. It means that God's wisdom and love and power are always, everywhere present. It does not matter where we are, at home, in the middle of a desert, on top of a mountain, or at the bottom of the sea, God is there; God is with us. God is in and through and around and above and below us, forever.

The Psalmist knew this, for he wrote: "Whither shall I go from thy Spirit?

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Or whither shall I flee from thy presence? If I ascend up into heaven, thou art there:

If I make my bed in Sheol, behold, thou art there."

Paul knew this, for he wrote: "I am persuaded, that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

It is because of God's great love for us, for each one of us, that we can aspire to His intelli-

gence and His power to fill our every need, and to attain our heart's desires. When we realize this, we cease to be mere men and begin to become the God-men that it is our ultimate destiny to become.

One comes pretty close to feeling like a Godman when flying high in the air. One sunny afternoon I flew across the Austrian and the Swiss Alps and looked down on snowcapped mountain peaks and tiny villages. One cold, clear night I flew across the Atlantic Ocean and seemed to be on a level with the shooting stars. One dawn I flew from Bombay into the interior of India to see the lovely Taj Mahal. Recently, I flew by jet from Chicago to Los Angeles over our great country's plains and mountains at nearly six hundred miles an hour.

These miracles are now everyday occurrences. But they are made possible by the greatest miracle of all, God's love for each one of us.

David felt God's love for man when he sang:

"O Jehovah, our Lord . . .

When I consider thy heavens, the work of thy fingers,

The moon and the stars, which thou hast ordained;

What is man, that thou art mindful of him? . . . For thou hast made him but little lower than God,

And crownest him with glory and honor.

Thou makest him to have dominion over the works of thy hands;

Thou hast put all things under his feet."

No matter how far at sea you seem to be today, take heart in the knowledge that even there God is with you, and is eager to help you. The sea represents any state of unrest. It also represents the great realm of unexpressed and unformed thoughts and ideas that contains all-potentiality. If you seem to be isolated, stranded, marooned, if you seem to be in a sea of indecision, in a sea of uncertainty, in a sea of bewilderment, remember that even there God is. And wherever God is. which is everywhere, there, too, are all love and all power and all wisdom (the very God ideas that can extricate you from your troubles.) No matter where you are, no matter what you are meeting, no matter what conditions or situations seem to overwhelm you, know that your help is at hand.

"Jehovah reigneth.

Let the sea roar, and . . .

Let the field exult, and all that is therein;

Then shall the trees of the wood sing for joy before Jehovah . . .

O give thanks unto Jehovah; for he is good; For his lovingkindness *endureth* for ever."

## Dear Friends ...

The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

#### From Connecticut:

I am writing to ask you to please change my address in your files so that I won't miss a single copy of DAILY WORD. I have just been through a very trying experience and you have no idea how much that little booklet helped me.

After living in one place for more than thirty years, we were evicted to make room for a park-

ing lot. Day in and out we prayed. Rental property is very scarce here, and especially in the middle of winter, but God was good to all of us and found homes for us.

It seemed that every day when I read the lesson in DAILY WORD it was written especially for me and it gave me no end of comfort. I have been taking it for twelve years now and want to take it as long as I live. That is why I want to make sure you have my correct address so that I won't miss any lessons.

#### From California:

Both my husband and I have been blessed by your DAILY WORD for the past five years. Recently we had a financial crisis caused by illness and compounded into an unemployment crisis.

Somehow, I followed Truth principles faithfully, affirming "right action will manifest." This actual application of faith, despite appearances, was a demonstration to me in my spiritual growth "under fire." I discovered that the years of what I had believed to be virtually lip-service had borne fruit. My husband, out of the blue, recovered his health and received a better position simultaneously. Truly a demonstration for both of us. May your ministry continue its ever expanding "circle-of-the-blessing."

## Saturday

#### I DO GOD'S WORK EASILY AND JOYOUSLY.

AILY I dedicate each task to God. I work with the knowledge that I work for God and that He works through me, so I never become weary and exhausted.

I pray about each thing that I undertake to do. Then each thing is done easily, beautifully, and without tiring me. As God gives me new opportunities for service I welcome them. I recognize the presence of the loving Father with me as I undertake each task. I recognize the presence of the loving Father in every individual I serve.

I no longer work just to earn a living. I work for the joy of working. I find new joy in everything that I do, even if what I do seems trivial. I find joy in familiar, routine tasks that I do as well as in any new and stimulating work that comes to me.

I work for God, and fatigue falls away like an outworn garment that never really belonged to me. I am constantly renewed in interest, enthusiasm, and zeal for my work.

I do God's work easily and joyously.

<sup>♣</sup> Jehovah is my strength and my shield.—PSALMS 28:7.

#### I AM THE MASTER OF MY LIFE, FOR I AM GOD'S IMAGE.

N THE Unity Song Selections is a song containing these words of encouragement and assurance:

"I am stronger than my fears,
I am wiser than my years, . . .
I am wealthier than my needs,

For I am His image."

If there are things in my life that cause me to fear and to doubt, I remember that as God's image I am strong and courageous. With complete faith and assurance, I go forward to meet and to master any circumstance.

"I am wiser than my years." Years are the world's measure of time, and whether I am young in years or rich in years, I am wise with the wisdom of God. He guides me in all my ways, because I am His image, His likeness, His child.

"I am wealthier than my needs." I am God's heir. I do not ask for or expect just a bare living. I ask for and expect the abundant prosperity that

a rich Father has for His child.

I am strong, wise, rich; I am His image.

Let us make man in our image.—GEN. 1:26.

## Monday

#### BLESSED ARE MY FACULTIES. THEY SERVE ME WELL.

If WE have fallen into the habit of accepting the belief that our faculties diminish in power as we add years to our life, let us dismiss this thought right now. Let us bless our faculties.

If we have accepted the idea that we have come from a family whose members suffer some deficiency in the functioning of their faculties, let us erase this thought. Let us replace it with the idea that as a member of God's family we are everenewed, and we can never lose the keenness of our faculties.

To bless our faculties is to call forth in them the strength, the clarity, the perfection they are meant to express. To bless our faculties is to increase their efficient service to us. To bless our faculties is to enrich the pleasure that is to be gained through their use.

At every opportunity let us bless our faculties and give thanks for the part they play in helping us express and experience God.

♣ But blessed are your eyes, for they see; and your ears, for they bear.—MATT. 13:16.

#### I APPROACH ALL SITUATIONS IN MY LIFE WITH A CALM ATTITUDE.

APPROACH all situations in my life with a calm attitude because I believe in God as an ever-present power. I have no sense of strain. I feel no need to rush about or to force circumstances or conditions. No task seems formidable to me. No challenge shakes my faith or disturbs my peace of mind.

I approach all situations in my life with a calm attitude because I believe in God as an everpresent help. I pray easily. I work easily. It is easy for me to find joy in my leisure hours. I am

at ease in mind and in body.

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I approach all situations in my life with a calm attitude because I believe in God as an ever-present inspiration. He gives me the wisdom to handle my affairs with a gentle touch. He guides me to take the time that I need, to do the things that I need to do in an orderly, joyous, efficient way. All feeling of tension is released. My thoughts are relaxed. My body is relaxed. My world is in perfect accord with God's ideal creation.

<sup>♣</sup> He that believeth shall not be in haste.—ISA. 28:16.

## Wednesday

I AM IMPORTANT TO GOD. HE NEVER LOSES SIGHT OF ME.

NE OF THE most comforting realizations I have is the realization that God will not lose sight of me—ever! There may be times when my efforts and my ambitions appear to be unnoticed and unappreciated by other persons. At these times I remember that only God's approval is of real importance, and all else is secondary.

If I feel inadequate or insignificant, I draw closer to God through prayer and I ask His blessing on my efforts and on my motives. I know that I am important to Him and worthy of His at-

tention.

Someone has said that when an object is immersed in water, it gives no extra trouble to the water to be closed around it. So I remember that I am immersed in the love of God, and it is no trouble for Him to inclose me in His wonderful love and bless me with all good. Knowing this, I know I am blessed; my work is blessed; my desires are blessed; my purpose is blessed.

I rejoice, for I know I am important to God.

♣ Unto thee do I lift up mine eyes .- PSALMS 123:1.

I AM BUBBLING OVER WITH THE JOY OF THE LORD, AND EVERY NERVE, MUSCLE, AND CELL TINGLES WITH THE SPIRIT OF HEALTH.

I am free from any feeling of depression or flatness. I am effervescent. I am animated. I am thoroughly alive. Every nerve, muscle, and cell of my body tingles with the spirit of health.

Because I am bubbling over with the joy of the Lord, I am able to communicate my feeling of exhilaration to the persons I contact. Beholding the joy of the Lord they are encouraged to take a new hold on life. Beholding the joy of the Lord they are led to allow His joy to express through them so that their every nerve, muscle, and cell may tingle with the spirit of health.

I remember the advice given by the master to his faithful servant: "Enter thou into the joy of thy lord." I enter into the joy of the Lord and I allow its full, free expression through me. I enter into the joy of the Lord, and this joy renews, restores, and rebuilds every nerve, muscle, and cell of my body even as it uplifts my spirit and inspires my mind,

spires my mind.

<sup>♣</sup> Enter thou into the joy of thy lord.—MATT. 25:21.

## Friday

#### RIGHT WHERE I AM, GOD IS, AND THE PLACE WHERE I STAND IS HOLY GROUND.

HE PLACE whereon thou standest is holy ground." These are words of assurance that come to us from the Scriptures. Right where I am, God is, and I stand on holy ground. Since God is here, then the answer to my every prayer is here and the supply for my every need is with me now.

Do I need supply? Right where I am is the place to find supply. God is with me, and He is the source of my good. God gives me ideas, and He gives me the wisdom to put my ideas into action. God gives me faith to claim my supply even before I see it in visible form. God is my loving and bountiful provider, and He is here.

Do I need happiness, guidance, success? I need not search for them afar off nor do I need to look to other persons for the fulfillment of my needs. Right where I am, God is. I feel His loving presence. I am aware of His guidance, His wisdom, His assurance as I let Him take charge of my life.

◆ The place whereon thou standest is holy ground.
—Exop. 3:5.

I BLESS MY FOOD, THE LOVING HANDS THAT PREPARED IT, AND EVERY PERSON WITH WHOM I SHARE IT.

ANY OF OUR friends tell us they read their DAILY WORD lesson each morning at the breakfast hour. Some friends have suggested that we give a table blessing so that they might use it before their meal and before the lesson. So we are sharing one of our

favorites with you.

The idea of blessing our food, that it might build strong, healthy bodies, helps us to accept the thought that we agree with our food and our food agrees with us. The idea of blessing the loving hands that prepare our food, enables us to express appreciation for the work, thought, and care that go into serving properly balanced, attractive meals. The idea of blessing the companionship shared at mealtime produces a happy, constructive exchange of ideas with family or friends. If we are eating alone, we can add pleasure to this time by extending our silent blessing to the loved ones who come into our thoughts.

<sup>♦</sup> He blessed, and brake and gave the loaves to the disciples.—MATT. 14:19.

## Sunday

#### I HAVE FAITH IN THE HEALING POWER OF GOD.

HE MARVELOUS power of God, present in every cell of our body, is responsible for our continuous strength, life, and health. We limit God's power when we believe that some condition is beyond His power to heal or when we believe that loss of strength and vitality is inevitable.

God is life, endless, eternal, enduring.

This life of God is not apart from us but is inherent in us; it is the life we are living and expressing now. We can transform our body; we can renew our mind; we can lift up our being as we think of our body as spiritual, as we think of it as filled with the life of God.

It does not matter what appearances seem to indicate, healing is always possible, for God is life, and He is mighty in the midst of us. It does not matter whether a condition is of long-standing; it does not matter what the diagnosis may be; it does not matter what the opinions of other persons may be. The all-important factor in our healing is our faith in God.

♣ Thy faith bath made thee whole.—Luke 18:42.

#### I LOOK FOR AND EXPECT ONLY GOOD AND I FIND ONLY GOOD.

LOOK for and expect only good. I look for good in every person I meet. I expect good results from everything that I do. As I look for and expect good, only good comes to me.

Good fills my life and affairs.

God is good, and His Spirit in me helps me to be aware of good and to express good in all that I think, say, and do. My mind is alert to see and accept opportunities to be a channel for God's good. My attitude is one of eager expectation as I look for good in my life and in the lives of my dear ones.

I meet every situation expecting the good. I meet every experience with a joyful heart knowing that God's good prevails for me and for all

persons concerned.

I realize that God's Spirit of goodness motivates the world and is present in every person. I see the people of all nations working together for the good of all mankind.

I look for and expect only good and I find

only good.

♣ Thereby good shall come unto thee.—JoB 22:21.

## Tuesday

#### I EXPRESS A FEELING OF FRIENDLINESS.

If we feel left out, ignored, or forgotten by our friends or our associates, let us examine our own attitudes. Are we thoughtful of other persons? Do we make an effort to be friendly? Do we express interest, enthusiasm, regard, and appreciation for our friends?

Often we become so wrapped up in our own affairs and the affairs of our immediate family, that we fail to maintain our associations with our friends. In a life that is perfectly balanced there is time and there is a desire for an expansion of our human contacts. There is a giving, a receiving, a sharing that enriches all concerned.

If we need to take the first step toward establishing friendly relationships, faithful prayer will reveal to us just what to do. Prayer will reveal to us how we can make new friends, and it will also help us to uncover the wealth of blessing to be found in our present associations. Prayer will help us to be the unselfish, generous, kind and friendly person we want to be. Prayer will attract to us the friends we long to have.

<sup>♣</sup> I have called you friends.—JOHN 15:15.

GOD'S GUIDANCE IS AVAILABLE IN EVERY SITUATION. I AM OPEN, RECEPTIVE, AND OBEDIENT TO HIS COUNSEL.

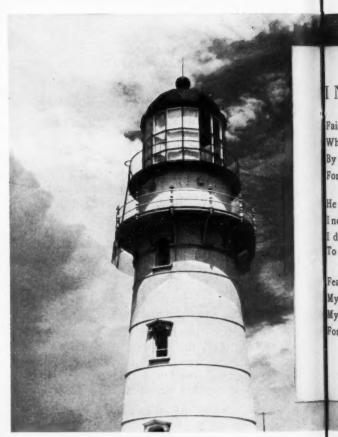
Sometimes we feel a strong inner leading toward some course of action quite independent of what our reason tells us about the situation. Often this inner guidance persists and

turns out to be a trustworthy guide.

The still small voice is the counsel of God leading us with a wisdom greater than that of our conscious mind. It prompts us to act in harmony with God's perfect plan for us. Even though the action we feel led to take seems unimportant, we often find it is the first step that leads to an open door that we were not aware of. Soon we will come to realize that all doors are open and all crooked places are made straight as we follow God's inner guidance.

This guidance is available in every situation, but we need to train ourselves to be open, receptive, and obedient. Through daily practice we find that this becomes easier. The more often we become still and seek God's guidance, the more receptive and obedient we are to His guidance.

♣ Jehovah will guide thee continually.—IsA. 58:11.



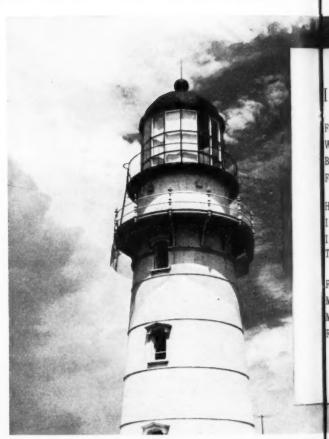
#### IN COMMAND

Faithfully I rise and follow,
Whether by sea or land,
By day or night, through dark or bright,
For God is in command.

He leads me by an unknown way. Ineither fail nor fear. I do my best, and leave the rest To Him who holds me dear.

Fearlessly I rise and go;
My hand is in His hand,
My heart is light, my outlook bright,
For God is in Command!

R. H. Grenville



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#### IN COMMAND

Faithfully I rise and follow,
Whether by sea or land,
By day or night, through dark or bright,
For God is in command.

He leads me by an unknown way. Ineither fail nor fear. I do my best, and leave the rest To Him who holds me dear.

Fearlessly I rise and go; My hand is in His hand, My heart is light, my outlook bright, For God is in Command!

R. H. Grenville

## Thursday

#### I THINK GOD-LIKE THOUGHTS.

UR THOUGHTS play an important part in molding our life. They are the beginning of everything that we have in an outer way. Our thoughts affect every circumstance in which we find ourselves. Our thoughts influence our inner world of feeling and emotion. So we need to choose carefully the thoughts that we dwell on and have outpictured in our world.

If there is a lack in our life, if we are involved in an unhappy condition, if we feel an inner turmoil, an emotional upset, we need to give our thoughts prayerful attention. Prayer, our inner link with God, is the key to right thought choice.

We pray for God's guidance in choosing thoughts that build a happy, helpful life. We pray for an immediate awareness of any negative thoughts that may seek to creep into our mind so that we may cast them out. We pray for an awareness of God so that we may be able to think Godlike thoughts—thoughts filled with understanding, wisdom, love, compassion, strength, and joy.

Try me, and know my thoughts; . . . And lead me in the way everlasting.

—PSALMS 139:23, 24.

THROUGH THE CHRIST WITHIN I AM DISCREET, UNDERSTANDING, AND FORGIVING.

AVE YOU ever known a person who took pride in his flaring temper? Have you ever heard someone speak in a righteous way of the indignation he felt at a certain situation? It may even be that we, ourselves, have reacted with anger in some circumstance. If we have, we know that such a reaction is most unsatisfying.

But you ask: "Why, then do we become angry?" Perhaps it is because we forget that there is a Spirit in us that can help us to rise above such unproductive ways of releasing pent up emotions. Perhaps it is because we forget that there is a Spirit in us that can help us to be dis-

creet, understanding, and forgiving.

This Spirit is the Christ Spirit. As we bring to our memory the Christ indwelling, we are able to help set right without recourse to anger any conditions we may find. We are able to "pass over a transgression."

The discretion of a man maketh him slow to anger; And it is his glory to pass over a transgression.

—PROV. 19:11. Saturday

I DO NOT PROCRASTINATE. WITH GOD'S HELP ACCOMPLISH THE THINGS THAT NEED TO BE DONE BY ME IN ORDER AND ON TIME.

PROCRASTINATION can become a habit, as we all know. And none of us likes the feeling of unfinished tasks before us; all of us know that the longer we delay doing something that needs to be done the more difficult is the doing of it.

If we are inclined to put things off, to let things slide, let us take a stand now and affirm that we are through with procrastination. With God's help we can make a new start and be done with old ways and old habits. There is nothing that gives us a greater sense of freedom than to establish order in our living and thinking. And with this sense of freedom also comes a feeling of approval, self-approval and divine approval. Jesus said, "My Father worketh until now, and I work." We, too, can have a sense of fulfillment, of approval, of accomplishment as we gather up the loose ends of our lives and enter into a pattern of effective, productive order.

<sup>♠</sup> My Father worketh even until now, and I work. —John 5:17.

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I ACCEPT TODAY AS A PRECIOUS GIFT FROM GOD. I REJOICE THAT I HAVE THE PRIVILEGE OF LIVING IT FOR HIM.

HANK YOU, Father, for today, and for Your wisdom in giving us but one day at a time. I accept today as a precious gift from You. Through Your indwelling Spirit I walk in love today. I speak only words that uplift and bless. I express friendliness, understanding, patience, and compassion toward all with whom I come in contact.

I turn within for the counsel of Spirit in making every decision, in solving every problem. I let Your wisdom express freely through me today.

Father, You are my health, my strength, my courage, and my supply. You have given me this day, and I live it for You. I rejoice that through Your indwelling Spirit I have all the guidance, all the strength, and every quality of character I need to live this day successfully and victoriously.

Whatever I may be called on to do, I do it to Your glory. Thank You, Father, for today.

This is the day which Jehovah hath made; We will rejoice and he glad in it.

—PSALMS 118:24.

## Monday

#### "I AM NOT ALONE, BECAUSE THE FATHER IS WITH ME."

J ESUS SPOKE these words of truth and we can speak them. We can speak them for ourselves; we can speak them for other persons. We are not alone, because the Father is with us. Circumstances may change, situations may be altered, the relationships we have known may no longer be a part of our experience. But we are not alone, because the Father is with us.

This truth never changes. It was true for Jesus. It has been and it will always be true for those persons who know their relationship to God. Knowing God as Father, knowing ourselves as His children, we understand His infinite love and compassion. We think of a natural father as caring for, protecting, comforting, sustaining his children. How much more then can God, who is the very principle of love and wisdom, be trusted to care for His children, to protect, comfort, and sustain them.

Yes, Jesus spoke these words, and we can speak them, for they are true.

<sup>♣</sup> I am not alone, because the Father is with me. —JOHN 16:32.

### WE PLANT THE "SEED OF PEACE" AND BEHOLD ITS FLOWERING FOR ALL THE NATIONS.

HEREAS before we have thought of peace as being the responsibility of world leaders, of men in high places, we now realize that the "seed of peace" must be planted by every man, tended by every man. It must be cherished and protected by every man.

Peace will not spring, full-grown, where the heart of man is a barren land. Peace withers and dies when it is cut off from the refreshing, renewing power of love and light. But the "seed of peace" has been prepared for planting, and it grows rapidly, successfully, and satisfyingly, under favorable conditions.

By our silent prayer of faith, by our spoken word of Truth we create these conditions and we plant the "seed of peace." We nurture this seed by letting the love of our heart outpour. We speed the growth of this seed by allowing the radiance of the Christ to shine through us. We behold the beauty of the flowering of this seed by our careful attention to all that contributes to its growth.

• For there shall be the seed of peace.—ZECH. 8:12.

#### I AM NOW RENEWED IN THE SPIRIT OF MY MIND.

AN's MIND responds to prayer just as his body and his affairs respond to prayer. If we have a pain or an ache, we think of the healing life of God and we pray for healing. If we lack any good thing, we think of the ever-present substance of God and we pray for prosperity. But when our mind becomes confused, or is filled with fear, or suffers under some burden of worry, do we claim God-Mind as our mind? Do we pray for freedom and mental poise? We should!

Just as the air in a room may need freshening, so the mind of man may need renewing. We are told: "Be renewed in the spirit of your mind." How are we renewed in the spirit of our mind? The air in a room is freshened by opening the room to a free-flowing of air. So, we renew our mind by opening it to a free-flowing of God-Mind. We do this through prayer.

Prayer brings order, frees from fear, and releases burdensome ideas. Prayer removes all obstacles to clear, creative, progressive thinking.

<sup>♣</sup> Be renewed in the spirit of your mind.—EPH. 4:23.

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THE PROTECTING SPIRIT OF GOD IS NOW INFOLDING ME, AND NO HARM OF ANY KIND CAN BEFALL ME.

In the think of God's entire creation as being constantly governed by perfect harmony and order. When we keep our mind poised in this thought, our life and our world are governed by harmony and order, and we are safe and secure.

Let us remember to acknowledge that God's loving, protecting Spirit always goes before us making our way safe. Then we can let go all thought of accidents. We can be free from any anxiety regarding our well-being. Nothing but good can happen to us and through us as we place ourselves and all that concerns us in God's care.

When we drive on the highway, God's love protects us. As we travel through the air, His love securely infolds the airplane from the time of take-off until we land again. No matter where we are at any moment of the day or night, at home, on the street, in the air, on land or sea, God watches over us. His protecting Spirit infolds us.

<sup>♣</sup> He will give his angels charge over thee.—PSALMS 91:11.

# Friday

#### I LIVE BY THE CHRIST STANDARD.

I live my life as God directs, according to His illumined design. I cultivate enlightenment, beauty, and the talents God has given me. I live in a large, spacious, generous way.

My life is a process of growth. Because I wish to achieve the superior, I reject the inferior. Because I wish to advance, I refuse to retreat. Because I wish to be creative, I release all destructive

thoughts.

If the standards of the persons around me are not mine, I nevertheless maintain my spiritual integrity. No fixed, tight, limited vision can deter me or confine me. I am not combative or self-righteous; I accord others the same freedom that I expect them to give to me. I bless others and I set them free to follow their own tempo of unfoldment.

True to the standards of the Christ within, I assert my power to think and my power of choice to live as is right for me. I have the courage to act, speak, and do as the Christ directs.

♣ He is not the God of the dead, but of the living.
—Luke 20:38.

### I SEE GOD AND HIS LIKENESS IN MY FELLOW MAN.

HE LOVE of God expressing through me impels me to be kind and considerate of my fellow man. It is easy to be generous and loving to the persons who are near and dear to me, for I feel they belong to me and I have a loyalty to family ties. But true generosity and consideration are revealed when I can be generous to those who have no personal claim on me. As a loving child of God I find it easy to give my attention, respect, and consideration to all persons.

Just as the flower is in the seed and the tree is in the acorn, so the image and likeness of God is within each man. Love helps me to see this

image and likeness.

I learn to look beyond the physical and realize that the same spirit of life that God gave to one He gives to all. I realize that the same love and guidance that is available to one is available to all. We are all one in Spirit. As I am loving and respectful to God, I am also loving and respectful to my fellow man.

◆ This is my commandment, that ye love one another.
—JOHN 15:12.

# Sunday

#### I SERVE GOD BY SERVING HIS GOOD PUR-POSES.

In the Hearts of many persons there is a deep desire to serve God. This desire may lead them to become missionaries, ministers, or church workers. It may lead them into a profession where they can serve God by helping people learn to read and write, learn to care for their physical needs, and learn to support themselves.

These are wonderful ways of service. But wherever we find the desire to serve God, we find the opportunity to serve Him. What we may fail to realize is that right where we are, doing what

we are doing, we can serve God.

A thought of prayer, a word of encouragement, the blessing of a smile, an orderly living of life—these are the ways in which we serve God. If we have thought of these ways as unimportant, let us revise our thinking. For prayer can quicken faith. Words of encouragement can mean the difference between success and failure. A smile can lift a heart out of despondency.

♣ Inasmuch as ye did it unto one of these my brethren, even these least, ye did it unto me.—MATT. 25:40.

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### GOD IS MY FATHER; AS HIS CHILD I INHERIT HEALTH.

OD CREATED me. He made me in His likeness. His holy image is indelibly imprinted in my being. His life, strength,

and vitality are my inheritance.

The moment I realize that I had my beginning in my Father-God, all belief in a heritage of weakness or affliction is dissolved. If I have thought myself bound to certain limiting tendencies or discomforting allergies because my earthly parents have believed in them, I remember that my inheritance is from God, the Father. I remember, too, that my parents have their inheritance from God, and they need not be bound to any thought of suffering or of weakness. They inherit health.

My inheritance is eternal life. I tell this truth to every atom and cell of my being. My inheritance is wholeness. I tell this truth to every organ and function of my body. My inheritance is perfection. I tell this truth to my every faculty.

My inheritance is from God, for He is my Father; as His child I am created for eternal life.

♣ Yea, I have a goodly heritage.—PSALMS 16:6.

# Tuesday

ALL THINGS WORK TOGETHER FOR GOOD, AND I WORK WITH THEM IN WISDOM AND LOVE.

HEN I feel that I am in my right place doing my right work, I have a sense of order and wellbeing. When I feel that I am not in my right place doing my right work, I become restless and unhappy. Then I need to know two truths: First, that as I have faith in God all things work together for good. Second, that as I have faith in God I am able to work with Him to bring about good. And this working with God is very necessary!

If I am restless and dissatisfied with my work, I pray, asking for divine direction, and I am led in the right way. Sometimes, after prayer, I find that whereas I thought I was not in my right place doing my right work, I was mistaken. I simply have not appreciated the blessings in the place where I am and in the work I am doing. Then prayer helps me become aware of the possibilities that are in my work. Or, if a change is best for me, prayer leads me to make a right change, at the right time, to my right work.

<sup>♣</sup> Jehovah recompense thy work.—RUTH 2:12.

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#### I AM FREE WITH THE FREEDOM OF SPIRIT.

THE FREEDOM we long for is not freedom from something, no matter how bound we may seem to be by circumstances, by habit, by other persons. That which binds us is our limited understanding of ourselves. So freedom means the freeing of the spiritual self in us that has been limited by our lack of understanding of ourselves, of God, of the Truth.

"Truth is within ourselves; it takes no rise
From outward things, whate'er you may believe.
. . And, to know rather consists in opening out
a way

Whence the imprisoned splendor may escape, Than in effecting entry for a light

Supposed to be without."

There is imprisoned splendor in us all. We are freer than we know. We are more spiritual than we know. We are more Godlike than we know. We release more and more of the spiritual power in us as we make ourselves willing and open channels through which God may find expression.

◆ Ye shall know the truth, and the truth shall make you free.—John 8:32.

## Thursday

THROUGH THE FORGIVING LOVE OF JESUS CHRIST I FORGET THE THINGS THAT ARE BEHIND AND I PRESS FORWARD INTO A NEW LIFE.

Let us begin today by accepting the forgiving love of Jesus Christ. If we have done something we regret, if we have a feeling of guilt because of some malicious thought or hastily spoken word, let us remember the idea Alexander Pope expressed: "To err is human, to forgive divine."

Almost every person has at one time or another done or said something that should not have been done or said. Jesus assured us of God's forgive-

ness. He assured us that God loves us.

Let us think of ourselves as God thinks of us. Let us think of ourselves with love and understanding. Let us cease to think of the past with regret or condemnation. Let us glean the good that is to be gained from past experiences and then go forward. Through accepting the forgiving love of Jesus Christ we face life with a new desire to live as God intends us to live.

<sup>•</sup> And Jesus seeing their faith saith . . . thy sins are forgiven.—MARK 2:5.

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## I QUICKLY AND SERENELY ADJUST TO EVERY CHANGE IN WEATHER CONDITIONS.

HE POWER to adjust quickly and serenely to changes in the weather proves a valuable asset. Of course, there are some areas where the weather is balmy, pleasant, and fairly unchangeable. But the majority of us live where there are changes in seasons, and changes within seasons.

If we become irritable when the weather changes and forces us to change our plans, it is wise to pray for an adaptable attitude. If we find ourselves complaining about a fall or a rise in the temperature, it is wise for us to pray for the power to adjust quickly and serenely to heat and cold. If we allow ourself to fear weather changes, it is wise for us to pray for an increased faith in God's protecting love.

Actually there are beauty and pleasure in every season. There is divine protection throughout all weather changes. And there can be order in man's mind, body, and affairs, if he learns to adjust to

changes in weather conditions.

While the earth remaineth . . . cold and heat . . . shall not cease.—GEN. 8:22.

# Saturday

#### I HAVE FAITH IN GOD AND I AM PATIENT.

Patience is not resignation. It is not inertia.
Rather, patience is related to activity—activity that grows and produces according to

the time of God's good plan.

Patience gives a blessing to all that I do. Patience is trust and co-operation. It is the result of faith in the outworking of God's good. It abides in the assurance of His partnership with

me in all matters and at all times.

Patience is not necessarily waiting. Patience is a time of giving. With patience I am able to give time to prayer. I am able to give time to the right outworking of that which I am praying about. I am able to give honest effort to the tasks at hand. I am able to give thanks to God for His good, visible and invisible.

I am patient. I am no longer discontented, uneasy, straining toward my goal. I am joyful and assured because I trust God and work according

to His guidance and direction.

I have faith in God and I am patient.

<sup>♣</sup> That ye be not sluggish, but imitators of them who through faith and patience inherit the promises.—HEB. 6:12.

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#### MIRACLES OF GOOD ARE CONTINUALLY COM-ING INTO MY LIFE.

Is THERE a healing need? Miracles of healing are taking place daily, not just at some far-off shrine, but in every one of us. To be alive is itself a miracle. The inflow and infusion of new life can be expected when faith is high and prayers are steady. God's life is in us all; God's healing is for us all.

Is there a need of healing of inharmony? Just as God's life flows in and through us to heal our body, so His love sustains our life and heals it of all unhappiness. In God there are miracles of healing for the heart's affairs, answers so wonderful and perfect that they could not have been even imagined beforehand. God is love; God is joy; God is a transforming power.

Is there a need for healing of lack? The substance of God is like a sea in which we exist. We have only to open our heart, our hands, our life with faith and expectation and the miracle of supply is enacted once more for us.

♣ Prove me now herewith, saith Jehovah of hosts, if I will not open you the windows of heaven.—Mal. 3:10.

## Monday

## MY ENERGY IS PROPERLY DIRECTED, AND I LIVE A HAPPY LIFE.

IFE Is energy. I live a happy life when my energy is directed in proper ways. Sometimes I expend my energy in productive ways. Sometimes I expend my energy in unproductive ways. The results I see in my life tell me how I am expending my energy. I see good results when the expending of my energy is Goddirected.

If life seems aimless, unsatisfying, boring, I know my energy is not being God-directed. If I am pessimistic or negative minded, if I seem to be a dissenting factor in whatever place I find myself, I know my energy is not God-directed.

If life is meaningful, if I am occupied with constructive, enjoyable activity, I know my energy is God-directed. If my thoughts and my conversation are on the positive side, if I contribute to the peace and harmony of my home, my place of employment, and my social group, I know that my energy is God-directed, and I live a happy life.

• In demonstration of the Spirit and of power.—I Cor. 2:4.

### FOR HALLOWEEN TRICK-OR-TREATERS

Each year, workers at Unity headquarters give copies of back issues of Wee Wisdom as trick-or-treat gifts. Children are invariably delighted to receive them, and regard them as something special in the line of Halloween treats. Last year these copies were made available to all Unity friends, and were so much appreciated that the offer is being repeated this year.

You may order as many copies of back issues of Wee Wisdom as you wish, at the special price of only 5 cents each, 20 for \$1. Please send your order as soon as possible, so that your copies will have time to reach you before Halloween. Address: Unity School of Christianity,

Lee's Summit, Missouri.

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### Will You Help Us by Renewing Early?

During the busy Christmas season nearly 350,000 subscriptions will expire, at a time when our office already has large piles of Christmas orders to handle. Will you help us? Will you send in your advance renewal order now, if your subscription will expire at any time within the next few months so that we can handle it before the rush season? (You will find the expiration date on the wrapper.)

Your renewing now will be appreciated by all of us at Unity School, for it will enable us to make some other person happy on Christmas morning by sending his Unity gift subscription

on time. Thank you for your help.

#### STEP UP TO PROSPERITY

Prosperity in the true sense includes not only material abundance but also health and happiness. Three steps that lead to this kind of prosperity are prayer, work, and right thinking.

The Prosperity Bank plan can help you in taking these three steps. Through its daily drill in prayer and sharing with others, it will inspire you to work with a lighter heart and a more ready mind, to contact the heavenly Father for guidance, and to substitute constructive thoughts for every worry and fear.

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### THE NEW FRIENDS OF UNITY

Unity makes new friends in many ways. Some become interested by listening to radio and watching television, others by visiting Unity centers, but the growth of Unity is still largely the result of individual missionary work where you and individuals like you introduce Truth to your friends by giving gift subscriptions and gift books. Hundreds of thousands of these gifts are given every year.

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For instance, there are thousands of you who make offerings to our special Good Neighbor Fund to help those who, because of a prosperity or health need, cannot pay for Unity literature when they need it most. Unity entered over 60,000 of these subscriptions last year, which friends like you paid for through love offerings.

Still, because of world conditions, Unity must reach out even farther. Will you help Unity do this? Will you take it upon yourself this fall to send one or two extra gift subscriptions to friends or relatives, to business acquaintances, club associates, or to teen-agers, children, Sunday-school teachers, and so forth?

Unity is thankful that Truth students everywhere are becoming eager to share their good in this manner, because to be helpful is man's consuming desire toward his neighbors. You will find that sharing your good gives you more joy, that your good shared becomes active in your own life and affairs. God bless you.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

### I Hear October's Bugle Blow

#### ELIZABETH LANDEWEER

Against the smoky blue of hills
The maples glow like daffodils,
The alders lift flamboyant heads,
And everywhere the sumac spreads
Its scarlet shawl before my gaze,
While with their lordly crowns ablaze.
The great oaks at the forest gate
Fling bronze and gold to celebrate,
With all their banners on parade,
And from my hilltop palisade,
I view the landscape spread below,
And hear October's bugle blow—
A sound not sad, but blithe and gay.

It says that spring is on the way, And even now it stirs a wing, And that is why the colors sing! It says each flaming autumn tree Affirms the joy that is to be, Foretelling by the hue it shows, The future tulip and the rose. It says in some dawn labyrinth God has for me a hyacinth, A purple iris, and some squills The color of His autumn hills, And that the splendor of this day Is for a keepsake until May.

